



**EFFECTIVENESS OF PAPERS 53 APP IN TEACHING METHODOLOGY**

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**ABSTRACT**

**Objective:** To study the uses of Papers 53 app as a means of teaching.

**Methods:** 50 participants were asked to study the written material and 50 participants were asked to listen to the video. A self formulated questionnaire on the same topic was distributed amongst the students to test their learning and compare the efficacy of the two methods. Friedman's test was applied for statistical analysis.

**Results:** Percentage of respondents answering the test correctly with the text learning method is 36.2%, while 36.6% of the respondents answered correctly with the video learning method.

The Friedman test has indicated on analysis of the differences in the medians of both methods, that there is no significant difference with a p value of 0.077.

**Conclusion:** Audio-visual methods play a dynamic role in the teaching learning process at the University level. It has been seen that these methods are as effective as the conventional teaching learning process using written material.

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**INTRODUCTION**

Education cultivates productive environments and relationships for learning. [1] Learning being both a process and an outcome, in order to acquire new knowledge, [2] students, [3] need to be able to make sense of new information. This can be ensured by learning strategies or few technical methods [4] and teacher intervention and instruction that models the use of learning strategies and helps make new information more accessible to students. Especially concerning with the medical education, the curriculum seems to be getting more and more advanced. Since filmstrips were first studied during World War II as a training tool for soldiers (Hovland, Lumsdaine & Sheffield, 1949), educators have recognized the power of audio-visual materials to capture the attention of learners, increase their motivation and enhance their learning experience. [5] The use of Audio-visual methods of teaching is gaining importance in the field of education. Education, being a process of knowledge transfer always has advances which are generally on par with the discovery of newer technologies. Currently, most of the education process has shifted away from the conventional black board methods towards the usage of more student friendly technologies. [6] Audio- Visual aids are those instructional devices which are used in the classroom to encourage learning and make it easier and interesting.

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radio, television etc. called instructional aids. [7] Using A.V aids in teaching is one way to enhance lesson plans and give students additional ways to process subject information. [8] A.V aids are devices present unit of knowledge through auditory of visual stimuli both with a view to help learning. They concretize the knowledge to be presented and help in making learning experience ample real, living and vital. They supplement the work of the teacher and help in the study of the text books. [9] Apps are specialized programs for mobile devices which have many features including audio-visual functions. These attributes have also enabled apps to play a role in education. They are predominantly used as a means to create videos and animations to give an enhanced visual representation of study material. The Paper 53 app which was used in this research is compatible with IOS systems and combines both note-taking capacity long with drawing and editing existing images. The app was launched in March 2012 by FiftyThree.inc.

App-based video lectures have shown to improve student's learning output in various disciplines. However, most of the research has focused primarily on videos as adjuncts to traditional lectures. [10]

Technology has been developing day to day which is highly useful in educational aspects for students like introducing iPad system without carrying heavy textbooks or notebooks, which cause lesser environmental effects. Whereas iPad are environmentally beneficial still it carries a huge aspect on optic defects, expense, infrastructure, etc.



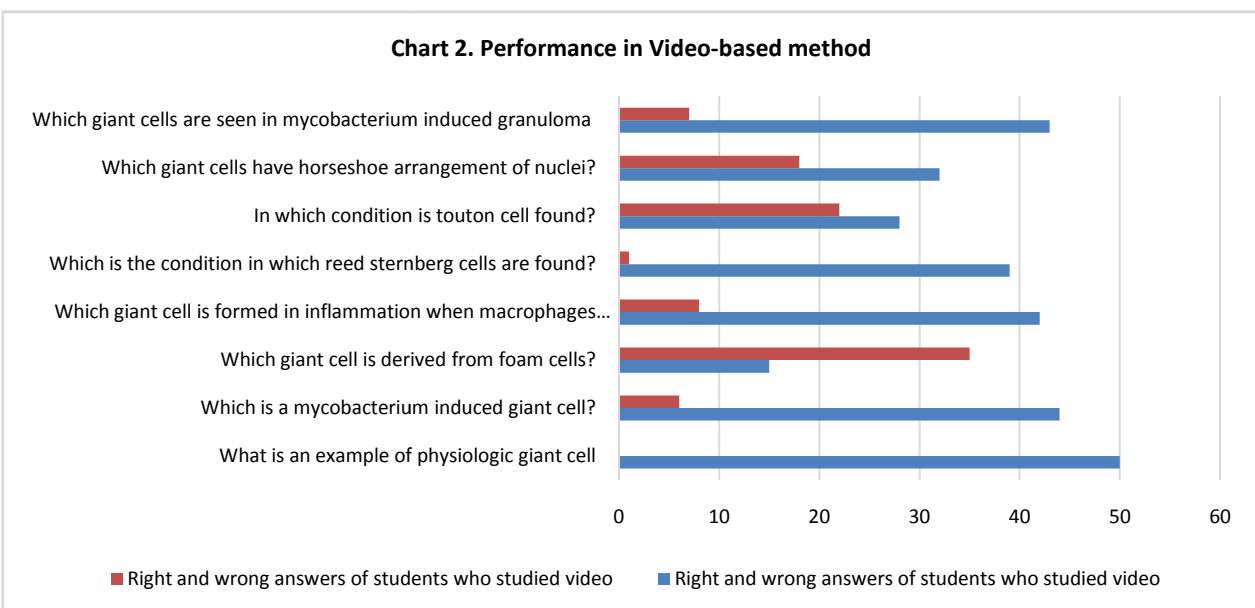
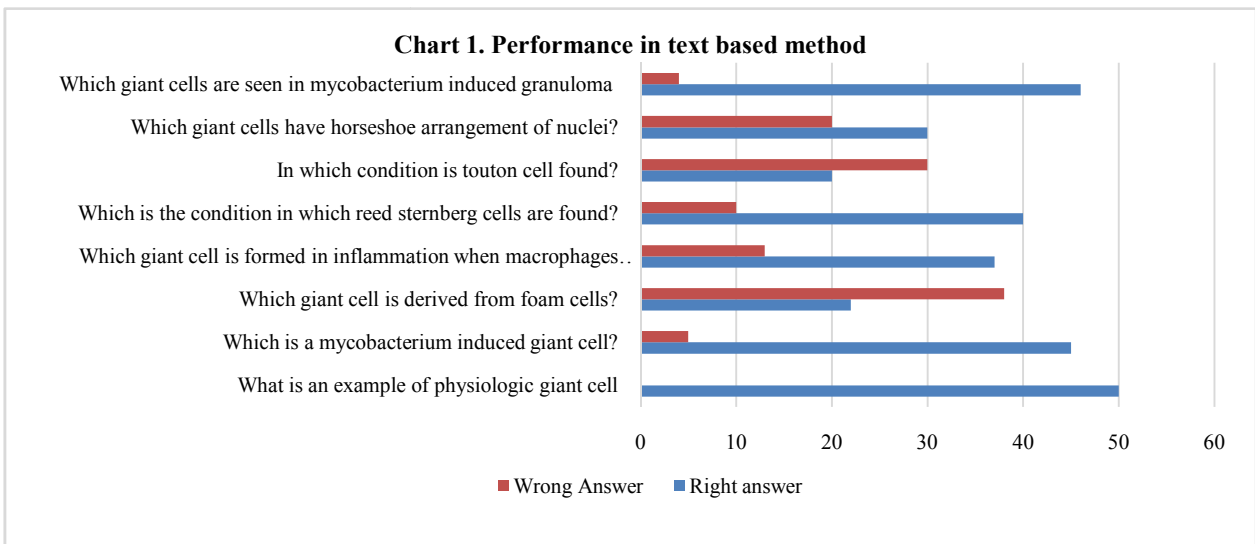
Both the conventional as well as app based systems have advantages and disadvantages and both the systems above provides students with opportunities to deepen their learning from different techniques.[11]

As there is growth in the available literatures on the usage of podcasts in education, there is mixed response on the acceptability of this mode of learning. [6] Video demonstration enhances the learning from a lecture and is considered to be one of the most standardized modes of instruction in recent times.[6] This study is a unique attempt to evaluate the learning outcomes when an entire lesson was covered as a video based lecture using apps. This study also aims to evaluate if there is any significant difference between performance of students using written material and students using audio-visual methods.

Audio-visual methods play a dynamic role in the teaching learning process at the University level.

### MATERIALS AND METHODS

This was a blanket study and involved 100 participants who were second year undergraduate students in the BDS (Bachelor of Dental Surgery) course. A video was prepared using the Papers 53 App as well as written material on the same topic from the curriculum.



50 participants were asked to study the written material and 50 participants were asked to listen to the video. A self-formulated questionnaire on the same topic was distributed amongst the students to test their learning and compare the efficacy of the two methods. Friedman’s test was applied for statistical analysis using SPSS software.

**RESULTS**

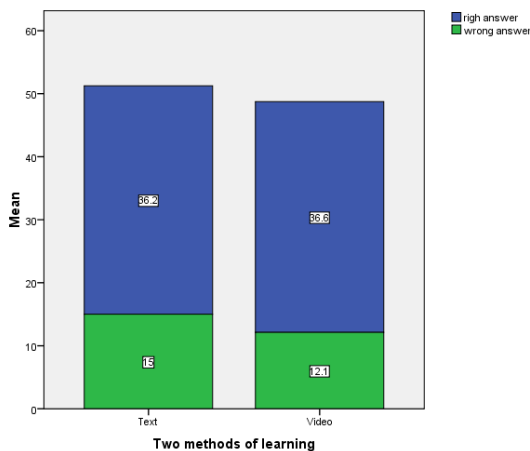
**Table 1** Results of students who studied the text material

Questions Answered	No. Of students answering right	No. Of students answering wrong
Q 1	50	0
Q 2	44	6
Q 3	15	35
Q 4	42	8
Q 5	39	1
Q 6	28	22
Q 7	32	18
Q 8	43	7

**Table 2** Results of students who studied the video-based lecture

Questions Answered	No. answering right	No. answering wrong
Q 1	50	0
Q 2	45	5
Q 3	22	38
Q 4	37	13
Q 5	40	10
Q 6	20	30
Q 7	30	20
Q 8	46	4

**Analysis and interpretation**



**Figure 1** Stacked graph between text learning and video learning method

From the above diagram, the respondent who answered correctly with text learning method is 36.2% and the respondent who answered correctly with video learning method is 36.6%. 15% of the respondent answered wrongly in text learning and only 12.1% are from video learning method. There is slight difference in learning with text and video method.

**Friedman Test**

Friedman test is a test for comparing three or more related samples and which makes no assumptions about the underlying distribution of the data. The data is set out in a table comparing rows and columns.

**Hypothesis**

- H<sub>0</sub>: There is no significance different between the learning with text and learning with video.
- H<sub>1</sub>: There is significance different between the learning with text and video.

Ranks	
	Mean Rank
right_text	3.06
wrong_text	2.19
right_video	3.06
wrong_video	1.69

The Friedman test compares the mean ranks between the related groups and indicates how the groups differed. From the above mean rank table, learning with text method who says correct answer is 3.06 and learning with video method who says correct answer is 3.06. So, there is no difference in the learning methods.

Test Statistics <sup>a</sup>	
N	8
Chi-Square	6.846
df	3
Asymp. Sig.	0.077
a. Friedman Test	

The Friedman test, which evaluated differences in medians among two learning method, is insignificant  $\chi^2(3, N= 8) = 6.48, p=0.077$ . Which indicates that there are no significant difference among the two methods - Learning with text and learning with video.

**DISCUSSION**

This was a cross sectional blanket study to test the efficacy of the Paper 53 app as an education tool and its application in teaching methodology. Deal and Lazzari found no significant improvement on student grades [14] whereas McKinney found that students only benefitted from podcasts when they took notes and listened to the podcast many times [15].

This study has shown that the percentage of the respondents who have answered correctly through the method of text based learning is 36.2% which is very close to the percentage of respondents who answered correctly through the video based lecture which was 36.6%. There is no significant difference between these values showing that the video based method seems to have equal efficacy as compared to text based learning.

The students in this study had also reported that the videos were also useful for quick revision during their examination preparation. This could be attributed to change in the trends and technology; where in today’s students are more digitally fluent managing various electronic devices including iPods, iPads, cell phones, internet and televisions [16]. The students mainly use the video/audio pods for reviewing in future; the concepts presented in lectures that they had previously attended [17-18]. This could explain the better performance of the test group observed in this study. With respect to Dentistry, Brittan *et al.*, has reported that video podcasts helped the students in revision more effectively than the textbook [19].

The Friedman test, which evaluated differences in medians among two learning method, showed insignificance  $\chi^2(3, N= 8) = 6.48, p=0.077$ . This indicates that there is no significant

difference among the two methods - Learning with text and learning with video.

Since there is no significant statistical difference in the mean undergraduate examination scores obtained by the students of both groups, the observed difference in the scores can only be attributed to the change in the teaching methodology. Fischer *et al.*, had noted the advantages of audio and video podcasts in higher education. They observed that audio and video podcasts can “provide students with the ability to learn on demand based on their own learning styles” and can also provide a mechanism that motivates students to “actively engage in the course content” [19]. The difficulty of the questionnaire may have impacted the results of the study.

New technologies are already making their way into dental practice and have changed the traditional approaches to make the treatment easier, simpler, reducing patient’s discomfort, for which education about newer technologies are necessary for undergraduate students.[20]

All the students in this study had no previous exposure or knowledge on the material covered in this course and hence, it could not have affected the results of this study.

## CONCLUSION

Within the limits of this study it can be seen that Apps like the Paper 53 app and other audio-visual methods are as effective as traditional lectures and text based learning as there is no significant difference in the performance of students in both the methods. This is also indicates the major role apps can play in Education in the near future.

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